Our First Parents

Adam and his wife, Eve, were the first people Heavenly Father and His Son, Jesus Christ, placed on the newly created earth. Adam’s name means *many*, for all who have ever lived upon the earth, or who will live upon the earth, are the children of this great and intelligent man. Eve was the first mother of the human *family*, and her name means *mother of all living*.

Adam and Eve were happy in their beautiful home in the Garden of Eden, for they had been given everything they could want for food and for pleasure. They knew nothing of evil, for their world was all good.

Often in the cool of early evening the Lord would walk and talk with them, and their happiness was complete. He told them that everything had been made for them to enjoy except one tree—the tree of knowledge of good and evil—and that they should neither touch nor eat the fruit of that tree, for if they did, they would be punished. Adam promised that they would not disobey this commandment.

But one day Satan tempted Eve and Adam, and they disobeyed the Lord and ate the fruit that had been forbidden. This act is known as “Adam’s transgression.” And when they had eaten, they were cast out of the Garden of Eden and became mortals as we are. And the Lord told them that someday they would die.

No longer did Adam and Eve have the great blessing of walking and talking with the Lord. Their life became very different in their new world outside of the Garden of Eden. They had to work hard to plow the fields and grow crops so that they could provide food for themselves and their children.